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PHARMACOLOGY **BIOCHEMISTRY** AND **REHAVIOR**

Pharmacology, Biochemistry and Behavior 83 (2006) 603–611

www.elsevier.com/locate/pharmbiochembeh

Effects of huperzine A on memory deficits and neurotrophic factors production after transient cerebral ischemia and reperfusion in mice

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Received 7 December 2005; received in revised form 21 March 2006; accepted 22 March 2006 Available online 9 May 2006

Abstract

This study is to investigate the effects of huperzine A on memory deficits, neuronal damage and neurotrophic factors production after transient cerebral ischemia and reperfusion in mice, as well as the potential downstream signaling pathway. Bilateral common carotid occlusion (BCCAo) combined with systemic hypotension induced severe memory deficits in a water maze task and neuronal degeneration in cerebral cortex and hippocampus in mice. Oral administration of huperzine A (0.2 mg/kg, once per day, started 2 days before surgery and lasted for 7 days after surgery) markedly attenuated the memory deficits and neuronal damage. Meanwhile, huperzine A significantly increased the mRNA and protein levels of NGF, BDNF and TGF-β1, and potentiated phosphorylation of MAPK/ERK 1/2 in both cerebral cortex and hippocampus compared with transient cerebral ischemia and reperfusion group. This study provides evidence for the protective effects of huperzine A against transient cerebral ischemia and reperfusion in mice, and suggests potentially important roles that neurotrophic factors might play in these effects. It also indicates that the MAPK/ERK pathway might be involved in the in vivo neurotrophic effects of huperzine A against transient cerebral ischemia and reperfusion.

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Keywords: Huperzine A; Acetylcholinesterase inhibitor; Transient cerebral ischemia and reperfusion; Learning and memory; Nerve growth factor; Brain-derived neurotrophic factor; Transforming growth factor-β₁; Mitogen-activated protein kinase/extracellular signal-regulated kinase

1. Introduction

Brain is highly sensitive to ischemic insults. Ischemia, such as what occurs during acute ischemic stroke, mainly affects regions of the cerebral cortex as well as the hippocampus, which is important for learning and long-term memory. Mechanisms by which neuronal damage occurs involve elevation of intracellular $Ca²⁺$ levels, overexcitation and generation of free radicals ([Choi](#page-7-0) [and Rothman, 1990; Schurr and Rigor, 1992\)](#page-7-0). However, there is no comprehensive pharmacotherapy by far. At present, rescue of damaged neurons and stimulation of neurogenesis are theoretically attractive strategies for the treatment of neurodegenerative diseases.

Several endogenous neurotrophic factors, including nerve growth factor (NGF), brain-derived neurotrophic factor (BDNF) and transforming growth factor- β_1 (TGF- β_1) have been identified and found to be critical for development, differentiation as well as maintenance of distinct populations of neurons. NGF can ameliorate neuronal degeneration in rats subjected to ischemic insults [\(Shigeno et al., 1991; Pechan et al., 1995\)](#page-7-0). BDNF was reported to significantly reduce the size of infarction and neurological deficits in focal ischemic rats ([Schabitz et al.,](#page-7-0) [1997](#page-7-0)). Additionally, exogenous BDNF administered prior to ischemia has been shown to partially prevent neuronal death in the CA1 area of the hippocampus [\(Beck et al., 1994\)](#page-7-0). A couple of studies demonstrate that $TGF-_{β1}$ has the capacity to reduce the infarct size after focal cerebral ischemia in mice and rabbits ([Prehn et al., 1993; Gross et al., 1993\)](#page-7-0), and ameliorate injury in

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^{0091-3057/\$ -} see front matter © 2006 Elsevier Inc. All rights reserved. doi:[10.1016/j.pbb.2006.03.027](http://dx.doi.org/10.1016/j.pbb.2006.03.027)

CA1 hippocampal neurons caused by transient global ischemia in rats ([Henrich-Noack et al., 1996](#page-7-0)). However, clinical use of these neurotrophic factors is limited by their inability to reach the brain after systemic administration. Therapeutic application of neurotrophic factors therefore necessitates intracranial injections, transplantation of cells secreting neurotrophic factors or gene therapy. Such approaches have produced promising results in several animal models of cerebral ischemia [\(Shigeno et al.,](#page-7-0) [1991; Pechan et al., 1995; Schabitz et al., 1997; Beck et al.,](#page-7-0) [1994; Prehn et al., 1993; Gross et al., 1993; Henrich-Noack et](#page-7-0) [al., 1996; Yagi et al., 2000](#page-7-0)). Attempts are being made to discover certain small molecules with the ability to activate or enhance neurotrophic signaling, which might provide an alternative therapeutic approach.

Neurotrophic factors exert their actions by binding to specific transmembrane receptors with intracellular tyrosine kinase domains. Ligand binding induces dimerization of the receptor and activation of the intrinsic tyrosine kinase, leading to phosphorylation of specific tyrosine residues located at the intracellular domain. These events result in recruitment of a number of signaling molecules, leading to activation of pathways including kinases such as the mitogen-activated protein kinases (MAPK)/ extracellular signal-regulated kinases (ERK) [\(Cowley et al., 1994;](#page-7-0) [Xia et al., 1995](#page-7-0)). MAPK/ERK pathway modulates activities of many transcription factors, and thus regulates biological responses such as proliferation and differentiation. Accumulating data have shown that MAPK/ERK pathway plays a pivotal role in the neuroprotective effects of these neurotrophic factors [\(Takuma](#page-7-0) [et al., 2000; Han and Holtzman, 2000; Zhu et al., 2002\)](#page-7-0).

Huperzine A, a novel *Lycopodium* alkaloid isolated from the Chinese folk medicine Huperzia serrata, is a reversible and selective inhibitor of acetylcholinesterase (AChE) and has been used in clinical treatment of Alzheimer's disease in China [\(Xu et](#page-8-0) [al., 1995; Wang et al., 2006](#page-8-0)). Our previous studies have shown that, besides inhibiting AChE, huperzine A possesses a broad range of neuroprotective activities ([Wang and Tang, 2005\)](#page-7-0). It has been reported that huperzine A can attenuate cognitive deficits and neuronal damage after transient global ischemia in gerbils ([Zhou et al., 2001\)](#page-8-0) and chronical cerebral hypoperfusion in rats ([Wang et al., 2000](#page-7-0)). We recently found that huperzine A can increase NGF production in cultured astrocytes ([Tang et al.,](#page-7-0) [2005a\)](#page-7-0) and protect SHSY5Y neuroblastoma cells against oxidative stress damage via promoting NGF production [\(Tang et al.,](#page-7-0) [2005b](#page-7-0)). In this study, we attempt to investigate whether huperzine A exerts similar neurotrophic effects on transient cerebral ischemia and reperfusion-induced injury in mice and clarify the underlying mechanism.

2. Materials and methods

2.1. Materials

Huperzine A, provided by the Department of Phytochemistry in this Institute, is a colorless powder with m.p. 230 °C and purity > 99%. It was dissolved and diluted in phosphate-buffered saline (PBS). NGF E_{max} [®] Immunoassay System, BDNF E_{max} [®] Immunoassay System, TGF-β¹ Emax® Immunoassay System

and Reverse Transcription System were purchased from Promega (Madison, WI, USA). TRIzol reagent was purchased from Invitrogen (CA, USA). Rabbit anti-phospho-ERK 1/2 and rabbit anti-ERK 1/2 were purchased from Cell Signaling Technology (MA, USA). Mouse anti-GAPDH was purchased from KangChen (Shanghai, China). ECL plus Western blotting detection system was purchased from Amersham Biosciences (Piscataway, USA).

2.2. Animals

Male Kunming strain mice (SPF, certificate number SYXK [Shanghai] 2003-0029), weighing 18–22 g, were purchased from Shanghai Experimental Animal Centre, Chinese Academy of Science. Animals were maintained in colony cages under an ambient temperature of 22–25 °C, 50–60% relative humidity, with a 12-h light/dark cycle and free access to food and water. All procedures were carried out in compliance with the Regulations of Experimental Animal Administration issued by the State Committee of Science and Technology of the People's Republic of China on November 14, 1988.

2.3. Surgery and drug administration

Mice were overnight fasted from food but allowed free access to water and then anesthetized with chloral hydrate (350 mg/ kg, i.p.). Core body temperature was recorded using a rectal temperature probe and maintained at 37.0 ± 0.5 °C using a heating lamp throughout the procedure. Via surgical incision, the right femoral artery was cannulated (PE 10, Becton Dickinson, Sparks, MD, USA) to allow measurement of mean arterial blood pressure (MAP). Operation was performed as described in previous reports ([Zhao et al., 1998; Tang et al., 1998; Xu et al., 2004\)](#page-8-0) with slight modifications. Bilateral common carotid arteries were exposed via a small ventral neck incision and occluded twice (10 min each) with microvascular clips and between the two periods of occlusion, there was a 15-min reperfusion (ischemia 10 min–reperfusion 15 min–ischemia 10 min). During the period of first occlusion, approximately distal 1 cm of tail was cut off and MAP was reduced to 42 ± 2 mm Hg by withdrawing 0.3 ml of blood. After the operation, 1 ml saline was supplemented intraperitoneally. Sham-operated mice received the same surgical treatment without occlusions, tail cut, hemorrhage and saline supplement. Oral administration of huperzine A (0.2 mg/kg) or saline, once a day, was started 2 days before the surgery and terminated on the day of sacrifice. On the day of surgery, huperzine A was administrated 2 h prior to ischemia.

2.4. Water maze task

A plastic rectangular water maze (80 cm \times 50 cm \times 20 cm) used in previous report ([Liu et al., 1998\)](#page-7-0) was filled to height of 6 cm with water at 25 ± 2 °C. The inner space of the water maze was separated by partitions to form an irregular path and four non-exits. The platform is invisible for the mouse until it swims to the end point of the path. Therefore, whether it can find the platform depends on learning and memory rather than visual

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Table 1 Sense and antisense sequences of primers used in the RT-PCR reactions

5' (sense) and 3' (antisense) primer
5'-CCTGCGTCTGGACCTGGCTG-3' (sense)
5'-CTCAGGAGGAGCAATGATCT-3' (antisense)
5'-CTTCAGCATTCCCTTGACAC-3' (sense)
5'-AGCCTTCCTGCTGAGCACACA-3' (antisense)
5'-AGGTGAGAAGAGTGATGACCA TCC-3' (sense)
5'-CAACATAAATCCACTATCTTCCCC-3' (antisense)
5'-TGGACCGCAACAACGCCATCTATGAGAAAACC-3' (sense)
5'-TGGAGCTGAAGCAATAGTTGGTATCCAGGGCT-3'
(antisense)

cues. Mouse was placed on the water maze with nose towards the wall of the starting point and trained to find the platform through the right pathway. Each mouse received two training sessions daily for 7 consecutive days before surgery towards a criterion of finding the platform within 30 s and less than two errors of entering non-exit. When the training procedure ended, mice that came up to the criterion were chosen and randomly divided into three groups. At the seventh day post-surgery, behavioral test was performed 2 h after administration of huperzine A. Number of errors and time period of finding the platform were recorded. If a mouse failed to find the platform within 60 s, the time period was recorded as 60 s.

2.5. Morphology

Three or four mice chosen randomly from each group were anesthetized with chloral hydrate (350 mg/kg, i.p.) immediately after behavior test and then perfused transcardially with normal saline followed by 4% paraformaldehyde. Whole brains were separated and then post-fixed in the same paraformaldehyde at 4 °C, dehydrated and subsequently embedded in paraffin blocks. Coronal sections of 8 μM were stained with hematoxylin–eosin.

2.6. RT-PCR

Mice were sacrificed 3, 6 and 9 h after surgery, respectively. After the cerebral cortex and hippocampus were separated, total RNA was isolated using TRIzol reagent according to the manufacture's protocol and was quantified by absorbance at 260 nm. RNA purity was determined by the A260/A280 ratio (average >1.85). Total RNA of each sample was first reverse-transcribed into cDNA using Reverse Transcription System. PCR amplification was performed with reagents from Promega. The cDNA solution was amplified with primers (Table 1) based on the NGF, BDNF and TGF- β_1 sequences. Amplifications were performed as following: NGF: 30 cycles of 95 °C for 60 s, 60 °C for 45 s and 72 °C for 60 s; BDNF: 35 cycles of 95 °C for 30 s, 60 °C for 60 s and 72 °C for 120 s; TGF- β_1 : 30 cycles of 95 °C for 30 s, 60 °C for 60 s and 72 °C for 120 s; β -actin: 25 cycles of 95 °C for 30 s, 57 °C for 45 s and 72 °C for 60 s. PCR products were normalized in relation to standards of β-actin and separated by 1.5% agarose gels containing 0.5 μg/ml ethidium bromide and photographed by an ultraviolet gel documentation system.

2.7. Extraction and measurement of NGF, BDNF and TGF- β_1

Mice were sacrificed immediately after behavioral test, and the brain cortex and hippocampus were quickly separated and kept in ice. Cortex and hippocampus were homogenized with an ultrasonic cell disrupter in 2 ml and 0.5 ml ice-cold lysis buffer [HEPES 25 mmol/l, $MgCl₂·6H₂O$ 5 mmol/l, EDTA·2Na 5 mmol/l, pH 7.4, 0.5% (v/w) Triton X-100, DTT 5 mmol/l, PMSF 2 mmol/l, Pepstation A 10 μg/ml, Leupetion 10 μg/ml], respectively. The lysates were centrifuged at $10,000 \times g$ for 10 min at 4 °C and the supernatant solutions were collected. The supernatant from each sample was diluted five times with Dulbecco's PBS and acidified to pH 2.6. After 15 min of stay at room temperature, the diluted supernatants were neutralized to pH 7.6, of which the gross protein were measured by Coomassie blue protein binding method using bovine serum albumin as standard. NGF, BDNF and TGF- β_1 in the cerebral cortex and hippocampus were measured by a two-site enzyme-linked immunosorbent assay (ELISA) using NGF $E_{\text{max}}^{\textcircled{\tiny{\textregistered}}},$ BDNF $E_{\text{max}}^{\textcircled{\tiny{\textregistered}}}$ and TGF- β_1 E_{max}® Immunoassay system, respectively, according to the manufacture's protocols.

Fig. 1. Effects of huperzine A on the spatial performance deficits induced by transient cerebral ischemia and reperfusion in water maze. Mice were orally administrated with huperzine A (0.2 mg/kg/day, started 2 days before surgery and lasted for 7 days after surgery). Tests were performed at the seventh day after surgery. (A) Time to find the platform, (B) number of entering non-exit. Data were expressed as means \pm S.E.M., $n=12$, $^{#}P<0.05$, $^{#}P<0.01$ vs. shamoperated group; $*P<0.01$ vs. ischemia group.

(II) Hippocampus

Fig. 2. Effects of huperzine A on morphologic changes induced by transient cerebral ischemia and reperfusion in mice (haematocylin and eosin staining). Mice were orally administrated with huperzine A (0.2 mg/kg/day, started 2 days before surgery and lasted for 7 days after surgery). (I) Frontal cortex; (II) CA1 region in hippocampus: (A, B) sham-operated mice; (C, D) mice subjected to transient cerebral ischemia and reperfusion; (E, F) mice subjected to transient cerebral ischemia and reperfusion plus treatment of huperzine A. Representative phase contrast micrographs: A, C, E: 100× magnification; B, D, F: 400× magnification.

2.8. Western blot analysis of phospho-ERK 1/2 and ERK 1/2

Mice were sacrificed 3 h, 24 h and 7 days after surgery, respectively. Cortex and hippocampus were homogenized with an ultrasonic cell disrupter in 1 ml and 0.3 ml ice-cold lysis buffer (as shown in the previous section), respectively. Lysates were centrifuged at $10,000 \times g$ for 10 min at 4 °C and the supernatant solutions were collected. The protein concentrations were determined by Coomassie blue protein binding method using bovine serum albumin as standard. Samples containing equal amounts of protein (50 μg) were boiled in protein loading buffer for 10 min, separated on 10% SDS-polyacrylamide gels and transferred to nitrocellulose membranes. After blocking with TBST (Tris-buffered saline with 0.1% Tween) containing 5% non-fat milk, the membranes were kept at 4 °C overnight with primary antibodies to phospho-ERK 1/2, ERK 1/2 (1:1000 dilution) and GAPDH (1:8000 dilution), respectively, followed by HRP-conjugated anti-rabbit or anti-mouse IgG at room temperature for 2 h. The target protein bands were detected using the ECL plus Western blotting detection system and Kodak X-ray film.

2.9. Statistical analysis

Data were expressed as means \pm S.E.M. Statistical analysis was performed by one-way analysis of variance (ANOVA) followed by Duncan's multiple-range test, with $P < 0.05$ as the significant level.

3. Results

3.1. Effects of huperzine A on memory deficits induced by transient cerebral ischemia and reperfusion

Mice subjected to transient cerebral ischemia and reperfusion showed prolonged latency to find the platform ([Fig. 1](#page-2-0)A) and increased errors of entering non-exit ([Fig. 1](#page-2-0)B) $(P<0.01, P<0.05$ vs. sham-operated group) in the water maze task. These memory deficits were markedly attenuated by huperzine A at a dose of 0.2 mg/kg $(P<0.01$ vs. ischemia group).

3.2. Effects of huperzine A on morphologic alterations in the cerebral cortex and hippocampus induced by transient cerebral ischemia and reperfusion

As shown in Fig. 2, typical neuropathological changes were observed in the cerebral cortex and hippocampus at the seventh day after transient cerebral ischemia and reperfusion. Histological observation of the cerebral cortex and hippocampus in sham-operated mice showed that neurons were clear and moderate-sized with normal microstructure, while the corresponding brain regions in mice suffering from transient cerebral ischemia and reperfusion exhibited significant neuronal loss, shrinkage and dark staining. Neuronal death and loss were especially obvious in frontal cortex and CA1 region of hippocampus. These pathologic changes were prominently suppressed in mice treated with huperzine A.

Fig. 3. Time course of NGF, BDNF and TGF-β₁ mRNA expressions in the cerebral cortex and hippocampus of mice. Total RNA was isolated and subjected to RT-PCR. (A) The PCR products were normalized by β-actin. Lanes 1–3: sham-operated mice in 3, 6, 9 h after reperfusion, respectively; lanes 4–6: ischemic mice in 3, 6, 9 h after reperfusion, respectively; lanes 7–9: ischemic mice treated with huperzine A (0.2 mg/kg/day) in 3, 6, 9 h after reperfusion, respectively. (B) Cortex and (C) hippocampus were quantitative summaries of results in (A). Data were means \pm S.E.M. expressed as percentage of control value, $n=4$.

3.3. Effects of huperzine A on the mRNA and protein levels of NGF, BDNF and TGF- β_I

For analysis of NGF, BDNF and TGF-β¹ mRNA levels, a comparative PCR approach was used to measure the target cDNAs amplified from the mRNA samples (Fig. 3). NGF, BDNF and TGF- β_1 mRNA levels were up-regulated at 3, 6 and 9 h after reperfusion in the cerebral cortex and hippocampus. Huperzine A at 0.2 mg/kg produced a more pronounced increase on the expression of NGF, BDNF and TGF- β_1 mRNA compared with transient cerebral ischemia and reperfusion group. However, these changes were not statistically significant.

The effects of huperzine A on products of these genes were confirmed by ELISA assay [\(Fig. 4\)](#page-5-0). At the seventh day after surgery, the protein levels of NGF, BDNF and TGF- β_1 in the cerebral cortex and hippocampus of ischemic mice were almost similar to those of sham-operated group. However, they were enhanced by huperzine A (0.2 mg/kg) to measurably above the control level in the cerebral cortex and hippocampus $(P<0.01$, $P<0.05$ vs. sham-operated group).

3.4. Effects of huperzine A on phosphorylation of MAPK/ERK 1/2 kinases

The effects of huperzine A on phosphorylation of ERK 1/2 kinases in the cerebral cortex and hippocampus were determined by Western blot analysis [\(Fig. 5\)](#page-6-0). Immunoblotting was performed with an antibody recognizing the ERK 1 and ERK 2 double phosphorylation on Thr 202 and Tyr 204 residues or with an antibody recognizing ERK 1/2 regardless of its phosphorylation state. Transient cerebral ischemia and reperfusion significantly increased ERK 1/2 phosphorylation in the cerebral cortex and hippocampus at 3 h, 24 h and 7 days after reperfusion $(P<0.01, P<0.05$ vs. sham-operated group). Increases of ERK

Fig. 4. Effects of huperzine A on NGF, BDNF and TGF- β_1 content in the cerebral cortex and hippocampus by ELISA assay. Mice were subjected to transient cerebral ischemia and reperfusion for 7 days. Subchronic oral administration of huperzine A (0.2 mg/kg/day) was started 2 days before surgery and lasted for 7 days after surgery. (A) The NGF content, (B) the BDNF content, (C) the TGF- β_1 content. Data were means \pm S.E.M. expressed as percentage of control value, $n=9, *P<0.05, **P<0.01$ vs. ischemia group.

1/2 phosphorylation in the cerebral cortex and hippocampus were more prominent in the huperzine A-treated group $(P<0.01$, $P<0.05$ vs. ischemia group). On the other hand, total ERK 1/2 proteins remained unaffected in the cerebral cortex and hippocampus throughout.

4. Discussion

Huperzine A has been found to exhibit a broad range of neuroprotective activities [\(Wang and Tang, 2005](#page-7-0)). In our recent studies focusing on the correlation between neurotrophic effects of huperzine A and NGF, we have observed that huperzine A can increase NGF secretion in astrocytes, induce neurotrophin-like activity in neuron-like PC12 cells [\(Tang et al., 2005a](#page-7-0)) and

protect SHSY5Y neuroblastoma cells against oxidative stress damage via promoting NGF production [\(Tang et al., 2005b](#page-7-0)). These in vitro findings suggest that the neuroprotective effects of huperzine A are mediated at least partly by NGF production and its downstream signaling pathway. In the present study, using mice subjected to transient cerebral ischemia and reperfusion, we determined whether huperzine A possessed these neurotrophic effects in vivo and tried to clarify the potential downstream signaling pathway.

It is well known that delayed neuronal death follows transient cerebral ischemia in selective, vulnerable regions of the brain, especially in the hippocampus. The deficits in learning and memory induced by ischemia show a close correlation with neuronal death in the hippocampal CA1 region ([Block, 1999](#page-7-0)). Consistent with the previous reports [\(Zhao et al., 1998; Tang](#page-8-0) [et al., 1998; Xu et al., 2004](#page-8-0)), BCCAo combined with systemic hypotension induces ischemic insult in mice, resulting in marked amnesic effects along with signs of neurodegeneration, including memory deficits as shown by increased errors of entering non-exit and prolonged latency to find the platform and significant neuronal death and loss in the cerebral cortex and hippocampus especially in CA1 region. Our results indicate that neuronal damage might contribute to behavioral impairment in this ischemic model. Subchronic oral administration of huperzine A significantly attenuated transient cerebral ischemia and reperfusion-induced histological lesions in the brain and improved the water maze performance. These results support our previous studies ([Zhou et al., 2001; Wang et al., 2000\)](#page-8-0), and provide direct histopathological and behavioral evidence for the protective effects of huperzine A against transient cerebral ischemia and reperfusion. Such findings raise the important questions about the underlying mechanisms.

The neurotrophin family of growth factors, such as NGF, BDNF, NT_{3-5} , bind and activate specific tyrosine kinase (Trk) receptors to promote cell survival and growth of different cell populations. Therefore, growing attention has been paid to the use of neurotrophins as therapeutic agents against neurodegeneration. Numerous studies have documented that NGF and BDNF possess neuroprotective functions in the cerebral cortex and hippocampus, which are particularly vulnerable to cerebral ischemia ([Shigeno et al., 1991; Pechan et al., 1995; Schabitz](#page-7-0) [et al., 1997; Beck et al., 1994\)](#page-7-0). Up-regulation of NGF and BDNF expression has been found in the brains of rats after middle cerebral artery occlusion (MCAO), and been considered to play an important role in the protection of ischemic injured neuronal cells ([Kokaia et al., 1995](#page-7-0)). Neuroprotective effect of TGF- β_1 has been elucidated in many animal models of cerebral ischemia ([Prehn et al., 1993; Gross et al., 1993; Henrich-Noack et al.,](#page-7-0) [1996\)](#page-7-0). This factor is minimally expressed in the intact brain and has been found to be strongly up-regulated in the central nervous system following ischemia-induced brain damage [\(Zhu et al.,](#page-8-0) [2000\)](#page-8-0). In light of these findings and the neurotrophic effects of huperzine A in vitro ([Tang et al., 2005a,b\)](#page-7-0), it is reasonable to propose that neurotrophic factors might participate in the neuroprotective effects of huperzine A against transient cerebral ischemia and reperfusion. The expression of neurotrophic factors in hippocampus and cerebral cortex has been shown to be

Fig. 5. Effects of huperzine A on ERK 1/2 and phospho-ERK 1/2 levels in the cerebral cortex and hippocampus by western blot. (A) The protein products were normalized by GAPDH. Lane 1: sham-operated mice; lanes 2, 4, 6: ischemic mice in 3 h, 24 h and 7 days after reperfusion, respectively; lanes 3, 5, 7: mice treated with huperzine A (0.2 mg/kg/day) in 3 h, 24 h and 7 days after reperfusion, respectively. (B) ERK 1/2 and (C) Phospho-ERK 1/2 were quantitative summaries of results in (A). Data were means ± S.E.M. expressed as percentage of control value, $n=5$, $\#P<0.05$, $\#P<0.01$ vs. sham-operated group; $*P<0.05$, $**P<0.01$ vs. ischemia group.

up-regulated after ischemic insults and the elevated expression may play an important role in protection of ischemic injured neuronal cells ([Tsukahara et al., 1998; Wei et al., 2000;](#page-7-0) [Yanamoto et al., 2000](#page-7-0)). In accordance with these previous reports, we found that the NGF, BDNF and TGF- β_1 mRNA levels in the cerebral cortex and hippocampus were observed to immediately increase after reperfusion, but it was a transient and stress-activated response. Together with the findings that mice suffered from ischemia and reperfusion exhibited memory deficits and neuronal death, we think it was far from enough to survive from ischemic injury with this self-protection alone. Compared with stress-activated self-protection, however, huperzine A further and persistently increased neurotrophic factors production, and significantly attenuated behavioral and morphologic signs of damage. Since overexpressions of neurotrophic factors were thought to be protective against cerebral ischemic injury ([Ding et al., 2004](#page-7-0)), we suggest that the capability of huperzine A to further increase NGF, BDNF and TGF- β_1 expressions may contribute to its neuroprotective effects against ischemic insult. Hence, the neurotrophic effects of huperzine A are verified in vivo.

NGF and BDNF bind to specific receptors, which are structurally related and belong to the Trk family of receptor tyrosine kinase, and these receptors mediate their biological responses to neurotrophins by activating multiple signaling pathways, including the activation of the MAPK isoforms ERK 1 and ERK 2 ([Greene and Kaplan, 1995](#page-7-0)). MAPK/ERK pathway is also probably involved in the TGF- β_1 signaling [\(Massague, 2000\)](#page-7-0). Dominant negative forms of Raf and MEK have been shown to block neurotrophin-induced neuritogenesis, whereas constitutively active forms of these elements promote neurite outgrowth in the absence of neurotrophins [\(Segal and Greenberg, 1996;](#page-7-0) [Skaper and Walsh, 1998](#page-7-0)). These studies highlight the importance of MAPK/ERK pathway in neurotrophic signaling. More recent data have accumulated showing that phospho-ERK 1/2 is upregulated in rodents after global ischemia and MCAO ([Hu et al.,](#page-7-0) [2000; Irving et al., 2000\)](#page-7-0). The observation that phospho-ERK 1/2 levels increased in survival cells and decreased in dead cells after

focal and global ischemia suggested that activation of the ERK 1/ 2 "survival" pathway might be required to prevent cells succumbing to ischemia-induced death. Furthermore, abundant evidences indicate the important role of MAPK/ERK pathway in the neuroprotective effects of the neurotrophic factors against ischemia-induced injury (Han and Holtzman, 2000; Zhu et al., 2002). Consistent with previous reports (Hu et al., 2000; Irving et al., 2000), we found that the ERK 1/2 phosphorylation were significantly increased immediately after transient cerebral ischemia and reperfusion in both cerebral cortex and hippocampus, and lasted throughout the subsequent 7 days. This phenomenon might represent a stress reaction of self-protection. Oral administration of huperzine A could markedly enhance the phosphorylation of ERK 1/2, probably potentiating this protective effect. Our previous study showed that the neuroprotective effects of huperzine A against H_2O_2 -induced oxidative stress were antagonized by the MAPK/ERK inhibitor, PD98059 (Tang et al., 2005b). With these in vitro and in vivo findings, it is reasonable to hypothesize that huperzine A increases NGF, BDNF and TGF-β¹ expressions, and enhances the intracellular signaling of these endogenously produced neurotrophic factors, resulting in protection against transient cerebral ischemia and reperfusion in mice.

In conclusion, the present study demonstrate that huperzine A can attenuate memory deficits and neuronal damage induced by transient cerebral ischemia and reperfusion in mice, and NGF, BDNF and TGF- β_1 are very likely to be related to the neuroprotective effects of huperzine A. Activation of the MAPK/ERK pathway might be important for the in vivo neurotrophic effects of huperzine A against transient cerebral ischemia and reperfusion.

Acknowledgements

The project was supported by the grants from National Natural Science Foundation of China (No. 30572169) and The Ministry of Science and Technology of China (No. 2004CB518907). We thank Dr. Rui Wang for valuable discussion and Mr. Wei-kang Sun for his skillful technical assistance in measurement of arterial blood pressure.

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